

### 99+

## For creating a Better Society ~ an initiative by IIMC and YB\*

# Read ~ to inspire

23 March 2024

"Of Teaching, Learning and Sherbet Lemons: A Compendium of Careful Advice for Teachers" by Nina Jackson is a book designed to offer practical guidance and insightful reflections for teachers. Here's a summary and key takeaways:

#### Summary:

Nina Jackson, an experienced educator, compiles a range of advice and reflections in this book, drawing from her own experiences and those of other educators. She covers various aspects of teaching and learning, from classroom management techniques to fostering creativity and maintaining well-being. The book is structured in a way that makes it accessible and easy to navigate, with each section addressing different aspects of teaching.

#### Key Takeaways:

Holistic Approach: Jackson emphasizes the importance of taking a holistic approach to teaching, considering not just academic outcomes but also the emotional and social well-being of students.

Creativity and Innovation: She encourages teachers to embrace creativity and innovation in their teaching methods, finding ways to engage students and make learning more enjoyable and effective.



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**Building Relationships:** Jackson stresses the significance of building positive relationships with students, colleagues, and parents. Strong relationships create a supportive learning environment where students feel valued and motivated to succeed.

Reflective Practice: Reflective practice is highlighted as a key element of professional development. Teachers are encouraged to regularly reflect on their teaching methods, identify areas for improvement, and seek feedback from peers and students.

Resilience and Well-being: Teaching can be demanding, so it's essential for educators to prioritize their own well-being and resilience. Jackson offers practical strategies for managing stress, maintaining a healthy work-life balance, and finding joy in teaching.

Inclusivity and Diversity: Inclusive teaching practices are advocated to ensure that all students feel respected and included in the learning process. Teachers are encouraged to celebrate diversity and accommodate the individual needs of their students.

Continuous Learning: Finally, Jackson emphasizes the importance of continuous learning and professional development for teachers. Staying up-to-date with educational research and trends helps educators refine their practice and better support their students.



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Overall, "Of Teaching, Learning and Sherbet Lemons" provides valuable advice and inspiration for both new and experienced teachers, helping them navigate the challenges of the profession while fostering a passion for teaching and learning.